MRE11A Mutations

Cancer Risks and General Management Recommendations

MRE11A Mutation Carrier Cancer Risks	General Population Lifetime Cancer Risks	Surveillance/Management Recommendations ³
Female Breast ¹ 37.2% (3-fold of general population risk)	12.4%	 Surveillance and Surgery Insufficient evidence for intervention with breast MRI. Insufficient evidence for intervention with risk-reducing mastectomy (RRM). Family history and other personal factors (e.g. breast density), in conjunction with the presence of a <i>MRE11A</i> mutation, should be considered when evaluating medical management options. These options should be discussed with a physician to determine the most appropriate management.
Ovarian Cancer ² Unknown	1.3%	 Surgery Insufficient evidence to make any recommendations for risk-reducing salpingo-oophorectomy (RRSO). Risk management for ovarian cancers should be based on an individual's personal and family history. These options should be discussed with a physician to determine the most appropriate management.

Some studies have proposed an increased risk for breast cancer in females with a *MRE11A* mutation (lifetime risk of 37.2%, 3-fold of general population risk).¹ However, others have found no increased risk for breast cancer. It is currently unknown if there is an increased risk for ovarian cancer in individuals with a *MRE11A* mutation.² Additionally, it is currently unknown if *MRE11A* mutations cause a predisposition to other cancers. Current NCCN guidelines assert that there is insufficient evidence to make any recommendations for breast MRI, risk-reducing mastectomy (RRM), or risk-reducing salpingo-oophorectomy (RRSO) based on *MRE11A* mutation status alone.¹ An individual's personal and family history should be considered in developing an appropriate surveillance and management plan.

Implications for Family Members/Reproductive Considerations

- First-degree relatives (i.e., parents, siblings, and children) have a 50% chance to have the familial *MRE11A* mutation. Second-degree relatives (i.e., nieces/nephews, aunts/uncles, and grandparents) have a 25% chance to have the familial mutation.
- Rarely, children inherit *MRE11A* mutation from both parents. Individuals with two *MRE11A* mutations have ataxia-telangiectasia-like disorder (ATLD), an autosomal recessive neurodegenerative disorder affecting multiple body systems.⁴ Parents who each carry a *MRE11A* mutation have a 25% cancer for a child with ATLD with every pregnancy.
 - *MRE11A* genetic testing for the partner of an individual with a *MRE11A* mutation may be appropriate to clarify the risk of having children with ATLD.
- For carriers of a known mutation, assisted reproduction (with or without egg or sperm donation), preimplantation genetic testing, and prenatal diagnosis options exist.
- All family members are encouraged to pursue genetic counseling to clarify their risks. Family members can visit www.FindAGeneticCounselor.com to find genetic services near them.

References

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